



## **Davam Neurotoxins Pre/Post Care**

### Neurotoxin Pre and Post Care Instructions

#### **Pre-Treatment Instructions:**

- For optimal results and to minimize the chance of bleeding or bruising at the injection site, please avoid all aspirin, ibuprofen (Motrin or Advil), naproxen, Aleve, fish oil, St. John's Wort, flax, Vitamin E, Vitamin D, garlic, Ginkgo Biloba, ginseng, etc 1 week prior.
- If you take aspirin or other blood thinners on your doctor's advice or orders, do not stop taking your medication.
- Please notify us in advance if you are taking Coumadin, Plavix or any other blood thinner for a medical condition.
- Alcohol should be avoided 24 hours prior.

#### **Post-Treatment Instructions:**

- You may touch up your makeup immediately following your appointment, but please avoid excessive touching of your face, massaging, or tight fitted hats/headbands for 4 hours after your treatment.
- Avoid heat application, or any activities that may cause facial flushing such as strenuous exercise, alcohol consumption, or tanning the day of treatment.
- Do not lay down or lean forward for 4 hours after your injections.
- Try to make facial expressions with the injected muscles throughout the day after your treatment. This helps Botox work into your muscles.
- Please remember it takes 14 days for Botox to take full effect. Please wait the full 14 days before assessing your results. If after 14 days, you are still not satisfied with the results, it is likely you will need more Botox.
- We highly recommend a two week follow up appointment, especially after every first treatment. If at this time it is decided you need more Botox, we are happy to adjust your dosage. Please note, regular rates will apply for the adjustment.
- Some common side effects are discomfort, redness, or itching at the injection site. If you notice any eyelid droop ptosis, eyelid edema, or other concerning side effects that do not go away, please contact Davam Aesthetics.
- Bruising is also a common side effect that may occur due to the mechanism of the treatment. Please note, it is temporary and will go away. You may apply topical Arnica to help.
- It is a rare possibility that serious side effects may occur, such as problems breathing or swallowing. If you are having a life-threatening reaction, please call 911 or go to the ER immediately.

If you have any questions or concerns, please contact our office at **713.487.3010**

